# PATIENT INSTRUCTIONS FOR STOOL COLLECTION FOR ADULTS

1. **Collect Specimen in a Clean Dry Container.**
   - Use an insert (toilet hat) for toilet OR
   - Clean dry wide mouth container OR
   - Onto plastic wrap placed under the toilet seat
   - **DO NOT** collect from toilet
   - **DO NOT** urinate on specimen
   - **DO NOT** collect directly in vial
   Specimen **MUST** be soft or liquid for *C. difficile*

2. **Transfer Specimen into Vial(s) and/or Sterile Container**
   - The Total-Fix & Enteric fixatives are **POISONOUS-Do NOT Drink. Keep out of reach of children**
   - If a green or black cap vial was given to you, unscrew the cap and using the spoon in the lid add stool to vial until it reaches the **FILL LINE**. **Do NOT overfill.**
   - Recap vial tightly and **SHAKE** until contents are well mixed.
   - If an empty container was given to you, using a separate plastic stick or spoon, add enough stool to fill at least 1/3 full.

3. **Fill Out Information on Collection Vial – REQUIRED**
   - Full first and last name
   - Date of Birth
   - Date and Time specimen was collected
   - Collect no more than one sample per day for each test

4. **Specimen Storage & Transport**
   - Store **Green Cap vial** in **refrigerator** and transport **on ice** to the lab within **72 hours** of collection.
   - Store **Clean Dry Container** in **refrigerator** and transport **on ice** to the lab within **24 hours** of collection.
   - Store and transport **Black cap vial** at **room temperature** within **30 days** of collection

<table>
<thead>
<tr>
<th>Enteric Plus (Green cap vial)</th>
<th>Total-Fix Fixative (Black cap vial)</th>
<th>Empty Sterile Container</th>
<th>C. difficile PCR, Rotavirus, Stool Lactoferrin, Occult Blood Immunoassay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stool Culture</td>
<td>Giardia/Cryptosporidium EIA, OCP, WBC, Eos Stool</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shiga-Toxin E.coli GI Panel</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: Occult Blood Guaiac – Use Occult blood card recommended in separate Patient Collection Instructions
Pinworm Prep – Use pinworm paddle & separate Patient Collection Instructions

**Questions?** Call the OLOL Microbiology lab at 225-765-8761
## INSTRUCTIONS FOR STOOL COLLECTION FOR INFANTS

### 1. Collect Specimen in a Clean Dry Container
- If **SEMI-SOLID** or **FORMED** stool collect from diaper & transfer into appropriate container
- If **LIQUID** stool, line inside of diaper with plastic wrap & transfer immediately from plastic wrap to appropriate container
- **DO NOT** urinate on specimen
- Diapers will be rejected
- Specimen **MUST** be soft or liquid for *C. difficile*

### 2. Transfer Specimen into Vial(s) and/or Sterile Container
- The Total-Fix & Enteric fixatives are **POISONOUS**-Do NOT Drink. Keep out of reach of children
- If a green or black cap vial was given to you, unscrew the cap and using the spoon in the lid add stool to vial until it reaches the **FILL LINE**. Do **NOT** overfill.
- Recap vial tightly and **SHAKE** until contents are well mixed.
- If an empty container was given to you, using a separate plastic stick or spoon, add enough stool to fill at least 1/3 full.

### 3. Fill Out Information on Collection Vial – **REQUIRED**
- Full first and last name
- Date of Birth
- Date and Time specimen was collected
- Collect no more than one sample per day for each test

### 4. Specimen Storage & Transport
- Store **Green Cap vial** in **refrigerator** and transport **on ice** to the lab within **72 hours** of collection.
- Store **Clean Dry Container** in **refrigerator** and transport **on ice** to the lab within **24 hours** of collection.
- Store and transport **Black cap vial** at **room temperature** within **30 days** of collection

<table>
<thead>
<tr>
<th>Enteric Plus (Green cap vial)</th>
<th>Total-Fix Fixative (Black cap vial)</th>
<th>Empty Sterile Container</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stool Culture Shiga-Toxin E.coli GI Panel</td>
<td>Giarida/Cryptosporidium EIA, OCP, WBC, Eos Stool</td>
<td>C. difficile PCR, Rotavirus, Stool Lactoferrin Occult Blood Imunoassay</td>
</tr>
</tbody>
</table>

Note: Occult Blood Guaiac – Use Occult blood card recommended in separate Patient Collection Instructions
Pinworm Prep – Use pinworm paddle & separate Patient Collection Instructions
Questions? Call the OLOL Microbiology lab at 225-765-8761