Patient Instructions for Hemosure Occult Blood Stool Collection

Please read all instructions prior to collection.

- Label the specimen cup with your name (First and Last Name of patient), date of birth, collection date and time.
- If possible urinate prior to collecting the stool specimen to avoid contamination.
- Raise the toilet seat.
- Place the white plastic container “hat” on the toilet, under the seat, toward the rear of the bowl. Be careful not to get water in the hat.
- Lower the toilet ring to help hold the plastic container hat in place.
- Have a bowel movement (BM) into the plastic container hat. Do not urinate into the container. Do not scoop sample from the toilet bowl.
- Transfer stool specimen into the “cup” with screw top.
  - If the stool is liquid, transfer the specimen by pouring it from the container hat into the testing cup.
  - If the stool is solid, use the tongue depressor provided to transfer the specimen to the testing cup.
  - Dispose of hat, tongue depressor and wash hands after collection.
- Screw the cap on and make sure it is secure. Make sure it is labeled.
- Place the cup into the green zip lock bag provided. The bag will also contain a sheet of absorbent material - do not remove it.
- Refrigerate the bagged specimen until it is ready for transport to the doctor’s office or laboratory. Deliver to doctor’s office or laboratory as soon as possible (within 24 hours).
- If you have several vials (“cups”) to fill, you may fill as many as you can off the same bowel movement as long as they do not have the same colored top.
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Kit includes

- Patient Collection Instructions
- Disposable Plastic Toilet “Hat” #850489
- Generic Patient ID Label #LL 3746
- Green Refrigerated Specimen Bag #450076
- Tongue Depressor #650306
- Sterile Screw-Top Container “Cup” #850516
- Blue Spectrum Health® Patient Bag #850877