



Dear Patient,

We are pleased you have chosen Beebe Healthcare Laboratory for your testing needs and we look forward to serving you. This brochure has information that will be helpful to obtain the most accurate results for this test. If you have further questions, or concerns. Please do not hesitate to call us at (302) 645-3240.



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Urine Cytology

Collection Instructions
for Patients



Clinical Laboratory and Pathology Services

Dear Patient,

Your physician has requested a urine specimen for **cytology testing** as part of your treatment. This test looks for abnormal cells in your urine and it commonly checks for infections or cancer of the urinary tract. It is important that you follow these instructions to provide a proper test sample for this test.

Collection Instructions

1. DO NOT COLLECT A FIRST MORNING SPECIMEN

Specimen needs to be fresh for the test requested. The first morning specimen should be voided into the toilet.

2. Drink several glasses of water 30 min to 1 hour prior to collection.



3. For this test, you will need to collect a mid-stream urine specimen in the container provided by the outpatient lab.

NOTE: If your physician requests that you collect more than one urine cytology, please do not collect urine specimens on the same day. They must be collected on different days.



Mid stream (Females)

- Wash your hands with soap and water.
- Cleanse the genitals with soap and water, or use a cleansing towelette provided. Hold the genitals open and cleanse from front to back.
- Repeat the cleansing with soap and water, or by using the second towelette provided.
- While holding the genitals open, begin urinating into the toilet.
- After a few seconds, move the cup into the stream of urine and collect urine until the cup is about ½ full.
- Replace the cap on the specimen and make sure that the lid is on tight.
- If any urine is present on the outside of the cup, wipe the outside of the cup with a clean paper towel or tissue paper.
- Label the container (not on the lid) with your full name, date of birth and date and time of collection.
- Wash your hands thoroughly.
- The sample must be refrigerated or stored in a cooler with ice after collection and transported to Beebe Healthcare Laboratory, Beebe Lab Express, or to your doctor's office as soon as possible. If you cannot deliver the specimen within 2 hours, put the specimen in the refrigerator and deliver within 24 hours.

Mid Stream (Males)

- Wash your hands with soap and water.
- Cleanse the head of the penis with soap and water, or use the cleansing towelette provided. If you are not circumcised, pull back the foreskin and cleanse the head of the penis. Keep the foreskin pulled back when urinating.
- Repeat the cleansing with soap and water, or by using the second towelette provided.
- Begin urinating into the toilet.
- After a few seconds, move the cup into the stream of urine and collect urine until the cup is about ½ full.
- Replace the cap on the specimen and make sure that the lid is on tight.
- If any urine is present on the outside of the cup, wipe the outside of the cup with a clean paper towel or tissue paper.
- Label the container (not on the lid) with your full name, date of birth and date and time of collection.
- Wash your hands thoroughly.
- The sample must be refrigerated or stored in a cooler with ice after collection and transported to Beebe Healthcare Laboratory, Beebe Lab Express, or to your doctor's office as soon as possible. If you cannot deliver the specimen within 2 hours, put the specimen in the refrigerator and deliver within 24 hours.

Beebe Healthcare is committed to providing the highest standard of care for every member of the community. We use the latest advances in medical technology and state-of-the-art instrumentation. Beebe Healthcare is committed to provide the best information possible to your doctor—it's about your health and your life.