# PATIENT INSTRUCTIONS FOR STOOL COLLECTION FOR ADULTS

## 1. Collect Specimen in a Clean Dry Container

- Use an insert (toilet hat) for toilet OR
- Clean dry wide mouth container OR
- Onto plastic wrap placed under the toilet seat
- **DO NOT** collect from toilet
- **DO NOT** urinate on specimen
- **DO NOT** collect directly in vial

Specimen **MUST** be soft or liquid for *C. difficile*

## 2. Transfer Specimen into Vial(s) and/or Sterile Container

- The Total-Fix & Enteric fixatives are **POISONOUS**-Do NOT Drink. Keep out of reach of children
- If a green or black cap vial was given to you, unscrew the cap and using the spoon in the lid add stool to vial until it reaches the **FILL LINE**. Do NOT overfill.
- Recap vial tightly and **SHAKE** until contents are well mixed.
- If an empty container was given to you, using a separate plastic stick or spoon, add enough stool to fill at least 1/3 full.

## 3. Fill Out Information on Collection Vial – REQUIRED

- Full first and last name
- Date of Birth
- Date and Time specimen was collected
- Collect no more than one sample per day for each test

## 4. Specimen Storage & Transport

- Store **Green Cap vial** in refrigerator and transport on ice to the lab within **72 hours** of collection.
- Store **Clean Dry Container** in refrigerator and transport on ice to the lab within **24 hours** of collection.
- Store and transport **Black cap vial** at room temperature within **30 days** of collection

<table>
<thead>
<tr>
<th>Enteric Plus (Green cap vial)</th>
<th>Total-Fix Fixative (Black cap vial)</th>
<th>Empty Sterile Container C. difficile PCR, Rotavirus, Stool Lactoferrin Occult Blood Immunoassay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stool Culture</td>
<td>Giarida/Cryptosporidium EIA, OCP, WBC</td>
<td></td>
</tr>
<tr>
<td>Shiga-Toxin E.coli GI Panel</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: **Occult Blood Guaiac** – Use Occult blood card recommended in separate Patient Collection Instructions  
**Pinworm Prep** – Use pinworm paddle & separate Patient Collection Instructions

Questions? Call the OLOL Microbiology lab at 225-765-8761
INSTRUCTIONS FOR STOOL COLLECTION FOR INFANTS

1. Collect Specimen in a Clean Dry Container
   - If SEMI-SOLID or FORMED stool collect from diaper & transfer into appropriate container
   - If LIQUID stool, line inside of diaper with plastic wrap & transfer immediately from plastic wrap to appropriate container
   - DO NOT urinate on specimen
   - Diapers will be rejected
   - Specimen MUST be soft or liquid for C. difficile

2. Transfer Specimen into Vial(s) and/or Sterile Container
   - The Total-Fix & Enteric fixatives are POISONOUS-Do NOT Drink. Keep out of reach of children
   - If a green or black cap vial was given to you, unscrew the cap and using the spoon in the lid add stool to vial until it reaches the FILL LINE. Do NOT overfill.
   - Recap vial tightly and SHAKE until contents are well mixed.
   - If an empty container was given to you, using a separate plastic stick or spoon, add enough stool to fill at least 1/3 full.

3. Fill Out Information on Collection Vial – REQUIRED
   - Full first and last name
   - Date of Birth
   - Date and Time specimen was collected
   - Collect no more than one sample per day for each test

4. Specimen Storage & Transport
   - Store Green Cap vial in refrigerator and transport on ice to the lab within 72 hours of collection.
   - Store Clean Dry Container in refrigerator and transport on ice to the lab within 24 hours of collection.
   - Store and transport Black cap vial at room temperature within 30 days of collection

<table>
<thead>
<tr>
<th>Enteric Plus</th>
<th>Total-Fix Fixative</th>
<th>Empty Sterile Container</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Green cap vial)</td>
<td>(Black cap vial)</td>
<td>C. difficile PCR,</td>
</tr>
<tr>
<td>Stool Culture</td>
<td>Giardia/Cryptosporidium EIA,</td>
<td>Rotavirus, Stool Lactoferrin</td>
</tr>
<tr>
<td>Shiga-Toxin E.coli</td>
<td>OCP, WBC</td>
<td>Occult Blood Immunoassay</td>
</tr>
<tr>
<td>GI Panel</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: Occult Blood Guaiac – Use Occult blood card recommended in separate Patient Collection Instructions
Pinworm Prep – Use pinworm paddle & separate Patient Collection Instructions
Questions? Call the OLOL Microbiology lab at 225-765-8761