24-Hour Urine Collection Instructions

Introduction:

The accurately timed urine collection you are about to perform is part of your care; important health decisions depend on it. The test is valid only if the collection includes all of the urine you pass in a 24-hour period. The test will be inaccurate and may have to be repeated if, for any reason, some of the urine you pass during the 24-hour period is not put into the collection container.

Your physician may have requested several urine tests and if each test requires a different preservative, you will need to collect the urine in separate 24-hour periods with separate containers. You will be given the containers for each collection with the correct preservatives.

If you see some liquid in the container, it is ok; some tests require a liquid preservative.

If the collection has a preservative in it and a urine is missed, another proper container needs to be obtained from a Bassett Healthcare Network center (please call ahead).

If the collection is without a preservative and urine is missed, empty the container and begin again.

Collection Instructions:

When you are ready to start the collection period, record the exact start time and date on the container. Urinate (empty the bladder) for the first time and flush it down the toilet. This way, you start on empty. After that, all the urine you produce for the next 24 hours must be collected in the container.

Do not try to urinate directly into the container because the preservative could splash on you causing a burn! Instead, use a clean plastic, paper or glass container to catch your urine each time. (Do not use a metal container). Pour the urine into the collection container each time you urinate.

You will need to store the container in the refrigerator or on ice during and after the collection, but do not freeze.

At the end of the collection period, at exactly the same time that you started on the day before, empty the bladder completely and add this last sample to the container. You can now cap it up tight, record the end time and date on the container, and bring it back to the clinic.

Please register first when dropping off the the urine specimen and be sure to tell the registrar the date the collection ended.

See reverse side for clinic drop-off locations

If you have any questions or concerns please do not hesitate to call 607-547-3700, option 1, for assistance.
BASSETT HEALTHCARE DROP-OFF LOCATIONS

COBLESKILL REGIONAL HOSPITAL
178 GRANDVIEW DR, COBLESKILL
(518) 254-3456
M-F 7:00 a.m. – 6:00 p.m.

BASSETT HEALTHCARE HAMILTON
160 BROAD STREET, HAMILTON
(315) 825-3111
M-F 7:30 a.m. – 4:00 p.m.

BASSETT HEALTHCARE HERKIMER
321 EAST ALBANY ST, HERKIMER
(315) 867-2750
M-F 7:30 a.m. – 5:30 p.m.

LITTLE FALLS HOSPITAL
140 BURWELL ST, LITTLE FALLS
(315) 823-1000
M-F 6:45 a.m. – 6:00 p.m. / Sat 8:00 a.m. – 12:00 p.m.

O’CONNOR HOSPITAL
460 ANDES RD, DELHI
(607) 746-0300
M-F 7:00 a.m. – 6:00 p.m.

ONEONTA SPECIALTY SERVICES
ONE ASSOCIATE DRIVE, ONEONTA
(607) 433-6300
M-F 8:30 a.m. – 5:00 p.m.

TRI-TOWN HOSPITAL
43 PEARL ST WEST, SIDNEY
(607) 563-7080
M-F 7:00 a.m. – 6:30 p.m. / Sat 7:00 a.m. – 10:00 a.m.