Patient Instructions for Semen Collection

1. Post-vas semen analysis are performed Monday through Friday. Call 802-885-7694 with any questions.

2. A period of abstinence of two to seven days is recommended before specimen collection.

3. The specimen is to be produced by masturbation. No lubricant, including saliva, may be used.

4. The entire ejaculate must be collected in a clean screw-cap container, preferably one provided by the laboratory. Because most condoms contain spermicidal chemicals, their use for this purpose is not acceptable.
   NOTE: If a semen culture is also being ordered, the container must be sterile.

5. The container is clearly labeled with the patient's name, date of birth, date and time of collection.

6. Any specimens received after 72 hours of collection will be rejected.

7. Temperature extremes during transit must be avoided. DO NOT FREEZE!!!!!

8. Please bring this document to the laboratory with the specimen.

Specimen Information

Patient Name: ____________________________________________________________

Date of Collection: _______ Time of Collection _______ Days of abstinence: _______

Collected by masturbation? _______ Complete specimen delivered? _________________

Type of container: _______________________________________________________

Comments / Problems: _________________________________________________

Questionnaire completed by: ____________________________________________

Date and Time received in laboratory: ___________________________ Received by: __________