**Patient Instructions**

**STEP 1  Sample Deposit**

A. Lift toilet seat and position sample collection paper across the rim of the toilet bowl. Secure adhesive tabs to the sides of toilet rim. Lower the toilet seat.

B. Make bowel movement onto collection paper.

Attention! Fill out personal information on attached label on tubes.

**STEP 2  Sample Collection**

A. Unscrew the purple cap from the sample collection tube. DO NOT POUR OUT THE LIQUID.

B. Poke spiral applicator into stool at 6 different sites. Use only enough fecal material to cover the tip of the applicator. DO NOT CLUMP, SCOOP, OR FILL THE TUBE.

C. Screw the applicator back into the tube and secure tightly.

**STEP 3  Sample Return**

A. Complete the address return envelope to your doctor or laboratory.

B. Insert sample collection tube into specimen pouch and seal. Insert specimen pouch into return envelope and seal.

C. Return the sample packet immediately to the clinic or laboratory by mail or in person.

Note: No Dietary or Drug Restrictions

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