

COLLECTION OF A 24 HOUR URINE



Follow **WARNING LABELS**, your bottle may have a preservative!

URINE COLLECTION: The accuracy of the test results depends on the proper timing of the specimen collection.

1. On the day the collection is started, discard the first morning urine. However, please record the time of urination.

MORNING START DATE: _____ **TIME:** _____

Remember to FLUSH this urine!

2. Do not void into the brown bottle. Void into the collection container provided (Boston Hat), then pour the urine into the brown bottle.
3. Save all urine for the following 24 hours. Put the urine in the brown bottle provided and keep the bottle in the **refrigerator**.
4. If you completely fill the brown bottle during the 24 hour collection time, use a plastic container (well cleaned and rinsed) for the remaining urine.
5. Collect the last specimen the next morning (at the same time started above).

MORNING END DATE: _____ **TIME:** _____

Remember to keep this urine, adding it to the brown bottle!

6. Return the urine to the lab within 3 hours of completion.

If you have any questions, please call the Laboratory
1-800-437-4010 Ext 2172.

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