

Collection of Stool Specimen using a Sterile Container

Proper collection procedures must be followed to ensure an adequate specimen for culture.

Do NOT use laxatives prior to the collection of stool specimens.

Instructions

1. Pass urine into the toilet. **Do not let urine or water touch the stool specimen.**
2. Place plastic wrap or a collection hat over the toilet bowl. Lower the seat and pass the stool onto the plastic wrap or into the hat.
3. Transfer the stool specimen into the container provided by your health care provider or laboratory.
4. Label the container with **your full legal name, date of birth, and the collection date and time.**
5. Return the specimen to a Sanford Patient Service Center or a Sanford laboratory as soon as possible.
6. If you are unable to return the specimen promptly, keep the specimen refrigerated and return within 24 hours.