

## Post-Vasectomy Semen Specimen Collection Instructions

*The collection procedure is critical for post vasectomy testing.  
Please follow the directions carefully to ensure accurate test results.*

### Specimen Collection:

- The specimen should be collected into a sterile, wide-mouthed hard plastic container.
- Collection of the semen specimen for post-vasectomy testing should occur **after** having 10 ejaculations following the vasectomy.
- The patient should **not** have ejaculated for 2-7 days prior to submission of specimen or as your health care provider has instructed.
- **Care must be taken to include the entire specimen. Do not** use a condom for collection and avoid the use of lubricants due to toxicity to sperm.

### Specimen Delivery:

- The specimen must be delivered **within 1 (one) hour of collection. Post vasectomy semen analysis will be available at the following locations during the specified hours:**
  - Monday – Friday: 8:00AM - 4:30PM at all Sanford Laboratory sites.
  - Saturday: 9:00AM - 11:00AM at the Sanford Patient Service Center located in Medical Building 2 on the Sanford Medical Center Campus in Sioux Falls.
  - Sunday and Holidays: Specimens **will not** be accepted.
- It is important to *maintain the sample at body temperature during transport to the laboratory.* This can be accomplished by carrying the sample in an inside pocket or by holding it against the body with undergarments.

**IMPORTANT NOTE:** Please write full legal name and birth date **on the specimen container** prior to delivering the sample to the laboratory. Please record the necessary information on the form below and cut on the dotted line and return with the semen sample.



Patient Name: \_\_\_\_\_ Patient Birthdate: \_\_\_\_\_

Collection Date/Time: \_\_\_\_\_ Provider: \_\_\_\_\_

### Lab Use Only:

Please note the temperature of the semen specimen as it arrived in laboratory:

- Warm (body temperature)       Room Temperature       Cold