

## Pinworm Specimen Collection Instructions



1. Specimens should be collected a couple hours after the person has retired for the day, i.e. between the hours of 9PM and midnight, or in the morning immediately after rising.
2. **Do not** take a bath or shower, have a bowel movement, wipe or clean the rectal area or apply ointment to the skin in the rectal area until after collection of the specimen.
3. Remove the cap with attached paddle from pinworm collection device.
4. Separate the buttocks and press the sticky surface of the paddle against the skin around the rectum 3 – 4 times without smearing.
5. Insert the cap with attached paddle back into the collection device and tighten the lid.
6. Label the collection device with the patient's **full legal name, date of birth and collection date and time.**
7. Return the pinworm collection device to a Sanford Patient Service Center or Sanford laboratory as soon as possible. Specimens should be refrigerated if examination will be delayed for more than 24 hours.