A Patient’s Guide to Stool Specimen Collection

Contact Information - Bronson Laboratory Phone Numbers:
- Battle Creek Lab: (269) 969-6161
- Kalamazoo Lab: (269) 341-6440
- Paw Paw Lab: (269) 657-9126

Required supplies: Toilet Hat, Stool Transport Containers.
If your physician did not provide collection containers please call the lab. See above for contact information.

Step 1: See table on back for detailed collection requirements.
Step 2: Place the white toilet hat onto the toilet seat.
Step 3: Be careful not to mix water from the toilet bowl or urine with the stool. This will spoil the test.
Step 4: After the bowel movement, transfer the stool from the hat into the transport container/s.
Step 5: For Stool Culture and O&P collection. If you are not collecting for these tests, skip to step 6.

Step 5 continued
5a. Transfer stool into the container until it reaches the red fill line.
5b. Screw the cap back onto the container.
5c. Invert the container 5-10 times in order to mix the liquid and stool together.

Step 6: Screw cap back onto containers.
Step 7: Mark the container with your first and last name, date of birth, & date and time of the collection.
Step 8: Take the containers to the lab within timeframe listed on back of this sheet.

Patients in diapers:
Required supplies: Urine collection bag (U-bag), Diaper, Plastic Wrap, Collection Containers.
If your physician did not provide special collection containers please call the lab. See above for contact information.

Step 1: Following the U-Bag instructions, apply the U-Bag to the patient.
Step 2: Line the diaper with plastic wrap. Apply diaper on patient.
Step 3: Remove the diaper within 30 minutes after the bowel movement.
Step 4: Discard the urine in the U-Bag without splashing onto the stool.
Step 5: Place stool into each of the containers. Refer to above steps 5-7.
<table>
<thead>
<tr>
<th>Check the Box/s required for patient collection</th>
<th>Test</th>
<th>Transport Container</th>
<th>After collection take specimen to lab within:</th>
<th>Do I have to refrigerate my specimen?</th>
<th>Special collection recommendations/requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Calprotectin</td>
<td>CALPR</td>
<td>3 days</td>
<td>FROZEN</td>
<td>Freeze within 18 hours of collection.</td>
</tr>
<tr>
<td></td>
<td>C. difficile</td>
<td>CDIFT</td>
<td>5 days</td>
<td>Yes</td>
<td>Do not collect while using topical ointment like zinc oxide or Vagisil cream on the vaginal/rectal area.</td>
</tr>
<tr>
<td></td>
<td>GI Panel</td>
<td>GIPCR</td>
<td>4 days</td>
<td>No</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Fat Random, 24, 48 or 72 hour collection</td>
<td>FATQN</td>
<td>Once collection is completed.</td>
<td>Yes</td>
<td>For 3 days prior and during the collection period: Fat-controlled diet (100-150 g fat per day) No synthetic fat substitutes (e.g., Olestra) or fat-blocking nutritional supplements. No laxatives (particularly mineral oil and castor oil) Diaper rash ointment, do not use during collection period. Barium, wait 48 hours after stopping medication before collecting a specimen.</td>
</tr>
<tr>
<td></td>
<td>H Pylori</td>
<td>HPAGS</td>
<td>72 hours</td>
<td>Yes</td>
<td>If taking: Bismuth, antibiotics, or proton pump inhibitors, wait 2 weeks after stopping the medication before collecting the sample.</td>
</tr>
<tr>
<td></td>
<td>Lactoferrin</td>
<td>FLAC</td>
<td>72 hours</td>
<td>Yes</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Occult Blood</td>
<td>FOBI</td>
<td>Mail immediately or return to lab within 5 days</td>
<td>No</td>
<td>Refer to instructions inside the collection kit.</td>
</tr>
<tr>
<td></td>
<td>Ova &amp; Parasites (O&amp;P)</td>
<td>OVP</td>
<td>72 hours</td>
<td>No</td>
<td>If taking: Antacids, kaolin, mineral oil and other oily materials, anti-diarrheal preparations, barium or bismuth, wait 7 days after stopping the medication before collecting the sample. Antibiotics, wait 2-3 weeks before collecting the sample. Gallbladder dyes, wait 3 weeks before collecting the sample.</td>
</tr>
<tr>
<td></td>
<td>pH/reducing substance</td>
<td>MIMAY-URED</td>
<td>24 hours</td>
<td>Yes</td>
<td>No Barium or laxatives for 1 week prior to collection</td>
</tr>
</tbody>
</table>