Semen Analysis Collection Instructions and Questionnaire

Specimens for post vasectomy testing will be accepted Monday through Friday from 8:00 am – 5:00 pm.

Specimens for fertility testing will be accepted Monday through Thursday from 8:00am to 1:00pm.
Please note that specimens for fertility testing WILL NOT be accepted the day before or the day of a holiday

Collection Instructions

Patient’ should abstain from sexual activity for 2 to 7 days prior to specimen collection.

1. Label the container with the following information:
   a. Patients first and last name.
   b. Date of collection.
   c. Time of collection.
   d. Physician

2. Wash hands and genital area with soap.

3. Rinse thoroughly (soap is spermicidal).

4. Open the container.

5. Masturbate to ejaculation.

6. Deposit all of the ejaculate into the container without touching the inside of the container.

7. Tightly cap the container and place upright in bag. Keep the specimen at body or room temperature.

Deliver the specimen and the questionnaire to the Outpatient Registration Area of GRMC within 45 MINUTES of collection.
Collection Questionnaire

Please indicate specimen type below:

Post Vasectomy____

Fertility Testing____

1. Number of days since last ejaculation: ______

2. Was lubricant used during the collection process? (Not recommended) ___ Yes ___ No
   If yes, name of lubricant: __________________

3. Method of collection:
   Masturbation (recommended) ____
   Other (describe) _______________

4. Did any portion of ejaculate miss the container? _____ Yes _____ No
   If yes, the missed portion is from the:
   a. First part of the ejaculation _____
   b. Second part of the ejaculation _____

5. Was semen protected from cold temperature during transport? _____ Yes _____ No

Patient Name: ____________________________
   (Last)              (First)               (MI)

Specimen Collection Date: _________________

Specimen Collection Time: _________________

Physician: _______________________________

Laboratory use only:

Volume: _______  None Seen: _______
PH: ________  Present: ________
Appearance: _______  Non Motile: _______
Viscosity: _______  Motile: _______