**Patient Instructions for Clean-Catch Urine Collection for Culture**

**Males**

Please read all instructions before you begin your urine collection.

**Collection Instructions:**

- Wash your hands with soap and water. Rinse and dry.
- WASH. Wash penis with towelette provided.
- VOID. Void a small amount of urine into toilet. Collect a portion of remaining urine in provided specimen container. Keep fingers away from rim and inner surface of container. When voiding is completed, replace lid securely on container.
- LABEL. Label specimen with patient’s first and last name, and collection date and time.
- REFRIGERATE. Refrigerate specimen until it is sent to laboratory for testing. Specimen must be received within 12 hours of collection.

**Females**

Please read all instructions before you begin your urine collection.

**Collection Instructions:**

- Wash your hands with soap and water. Rinse and dry.
- With one hand “spread yourself” and continue to hold yourself spread during cleansing and collection of the urine specimen.
- WASH. Using 1 towelette at a time, begin to wash gently, wiping from front to back between the folds of your skin, discard towelette. Repeat this front-to-back process with remaining towelette(s).
- VOID. Void a small amount of urine into toilet. Collect a portion of remaining urine in provided specimen container. Keep fingers away from rim and inner surface of container. When voiding is completed, replace lid securely on container.
- LABEL. Label specimen with patient’s first and last name, and collection date and time.
- REFRIGERATE. Refrigerate specimen until it is sent to laboratory for testing. Specimen must be received within 12 hours of collection.