

General Information

Mary Washington Hospital is equipped and staffed to perform a broad range of routine and specialized testing of clinical and anatomical specimens. The laboratory is accredited by the College of American Pathologists. The laboratory also utilizes Mayo Medical Laboratories and other highly specialized reference laboratories (see the “Mayo Medical Laboratories Connection Section”) for the performance of procedures not performed on site.

Clinical Laboratory

The Clinical Laboratory is in operation 7 days per week, 24 hours per day providing both inpatient and outpatient laboratory services. The Mary Washington Hospital Laboratory also provides a number of patient service centers in the Fredericksburg area for the collection of blood, urine, and other biological specimens for transport to the central laboratory. Comprehensive courier services are available. Please refer to the outreach laboratory services section for these locations and hours of operation.

A Board Certified Clinical Pathologist is on-call at all times, to provide clinical laboratory consultation. The Pathologist on-call may be reached by calling the Mary Washington Hospital operator at 540-741-1100.

Anatomical Pathology and Cytopathology

Anatomical (Surgical) Pathology and Cytopathology services are provided by Pathology Associates of Fredericksburg, an independent pathology group practice. All physician members are board certified in 2 or more areas of Pathology and Laboratory Medicine and all are members of the Mary Washington Hospital medical staff. All Pathologists are subject to extensive ongoing proficiency testing and all are required to complete over 100 hours of continuing education per year.

A comprehensive range of both surgical and cytopathology services are available. These services include general surgical pathology, medical cytology, GYN cytology, fine needle aspiration services and hematopathology. The hospital Histopathology Department provides on-site, comprehensive immunohistochemical testing capabilities which include over 50 immunohistochemical stains. Routine biopsy specimens such as gastrointestinal biopsies, cervical biopsies, endometrial biopsies, dermatopathology specimens, and core biopsies are usually completed and reported within 24 hours from the time of receipt. Approximately 80 percent of all surgical specimens are reported within 24 hours. As needed, second opinions are readily available from pathologists subspecialized in areas such as dermatopathology, gastrointestinal pathology,

hematopathology, etc., through our affiliation with the Mayo Medical Laboratories.

An Anatomical Board Certified Pathologist is on-call 24 hours per day, 7 days per week, including holidays, to cover anatomical pathology consultations, including frozen sections.

Outpatient Services

In addition to the Main Hospital Laboratory, the laboratory operates several Patient Service Centers for patient convenience. Current locations and hours of operation are as follows:

Patient Service Centers

Tompkins-Martin Medical Plaza
1101 Sam Perry Blvd. Suite 101
Fredericksburg, VA 22401
Hours: Monday through Friday (7:00 a.m.-5:30 p.m.)
Closed Saturdays

Outpatient Center at Princess Anne Street
2216 Princess Anne Street Suite 100
Fredericksburg, VA 22401
Hours: Monday through Friday (7:00 a.m.-5:30 p.m.)
Saturday (7:00 a.m.-3:30 p.m.)

Professional Center at Lee’s Hill
10401 Spotsylvania Avenue Suite 102
Fredericksburg, VA 22408
Hours: Monday through Friday (8:00 a.m. - 4:30 p.m.)
Closed Saturdays

Massaponax Medical Park
9530 Cosner Drive, Suite 102
Fredericksburg, VA 22408
Hours: Monday through Friday (8:00 a.m. – 4:30 p.m.)
Closed Saturdays

Laboratory at Stafford Hospital
101 Hospital Drive, 1st floor
Stafford, VA 22555
Hours: Monday through Friday (8:00 a.m. – 4:30 p.m.)
Saturday (7:00 a.m. – 12:30 p.m.)

Fox Towne Center
10208-A Kings Highway
King George, VA 22485
Hours: Monday through Friday (8:00 a.m. – 4:30 p.m.)
Saturday (7:00 a.m. – 12:30 p.m.)



Scheduling of Specialized Services

Mary Washington Hospital's laboratory offers a variety of more specialized procedures, requiring scheduling through our Centralized Scheduling department.

Please call 540-741-2000 Monday through Friday during the hours of 7:00 a.m.-4:00 p.m. to schedule:

- Semen analysis
- Therapeutic phlebotomy

The following tests may be performed at Patient Service Centers by calling 540-741-3415, Monday through Friday between 7:00 a.m.-4:00 p.m.:

- Glucose tolerance testing
- Gestational diabetes screening

PKU testing is available at the patient service centers but is not offered at the main hospital locations.