



QUANTITATIVE FECAL FAT COLLECTION INSTRUCTIONS

1. Barium should not be used 48 hours prior to beginning the stool collection period.
2. During the collection period:
 - a. Do not take any fat-blocking supplements or synthetic fat substitutes (i.e., Olestra)
 - b. Do not take any laxatives, particularly mineral oil or castor oil.
 - c. Do not use any diaper rash ointments.
 - d. Patient should be on a fat-controlled diet (100-150 g fat per day).
3. Collect **ALL** bowel movements for the time period designated by your doctor.
4. The stool should be passed into a clean, dry container. Use the white toilet "hat" that was provided by the laboratory (UA HAT).
 - PLEASE DO NOT urinate in the specimen collection container.
 - PLEASE DO NOT pass the specimen into a toilet.
5. Transfer the entire stool specimen to the container(s) provided by the laboratory.
6. Label each container with patient name, date of birth, date and time of collection. Label the containers as 1 of 3, 2 of 3, etc., indicating the total number of containers. All containers must be sent together.
7. The container and sample should be kept at refrigerated temperatures throughout the collection period. (A cooler with ice packs is acceptable).
8. Deliver the specimens to outpatient services promptly after the collection is complete.

Monday-Friday 7:00am-5:30pm: Please deliver your specimens to the outpatient services lab, across the hall from the BHDH gift shop on the second floor.

After hours/Weekends: Please go to the front registration desk at the Emergency Department. Please allow adequate time for staff to confirm your lab orders and accept your specimen.